

Brownies

This is the original recipe from the 1909 Boston Cooking School (Fanny Farmer) Cookbook.

1 cup sugar

1/4 cup melted butter 1 egg, beaten

2 squares Baker's chocolate, melted

3/4 tsp vanilla 1/2 cup flour

1/2 cup walnut meats, cut in pieces

Mix ingredients in order given. Line a seven-inch square pan with paraffine paper. Spread mixture evenly in pan and bake in a slow oven. As soon as taken from oven turn from pan, remove paper and cut cake in strips, using a sharp knife. If these directions are not followed paper will cling to cake, and it will be impossible to cut it in shapely piece.

Re-Written for today's baker:

1909 Boston Brownies

Preheat oven to 350°F 9x12-inch baking pan, lined with foil. Bottom parchment lined, sprayed with non-stick spray Makes 18 brownies

2 cups granulated sugar 1/2 cup butter, melted 2 large eggs, beaten

4 oz unsweetened chocolate, melted and cooled

1-1/2 tsp pure vanilla extract1 cup all-purpose flour

1 cup chopped nuts (optional)

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- 1. In mixing bowl with paddle attachment, blend sugar, butter and eggs. Add chocolate and mix well. Add vanilla.
- 2. Take off of mixer and blend flour by hand. Add nuts.
- 3. Smooth into prepared pan and place in preheated oven until a toothpick inserted comes out with a little crumb, about 25 to 30 minutes.
- 4. Cool for 10 minutes, then invert. Take paper off of the brownies, and cool completely before cutting.

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